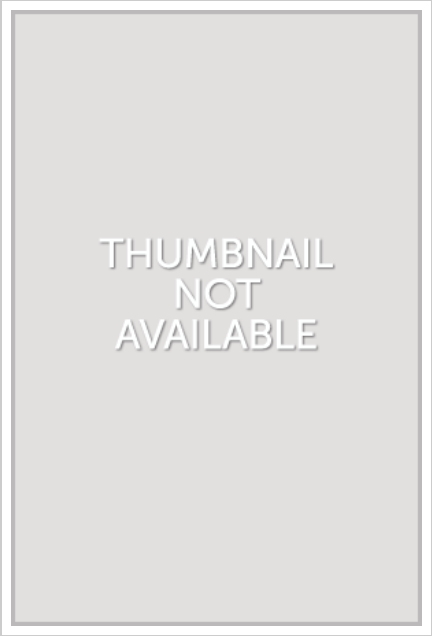


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Bouncing Back After Dropping the Ball Workbook: 18 Life Lessons on the Journey to Forgiveness (Paperback)

By Carla L Garrett

Knowledge Power Communications, United States, 2015. Paperback. Book Condition: New. Juan Roberts (illustrator). 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Inspirational author, Carla L. Garrett, presents a personal hands-on companion to her critically acclaimed novel, Bouncing Back After Dropping the Ball, which has become a benchmark for those seeking guidance on how to forgive. This workbook teaches individuals to internalize 18 Life Lessons on the journey to forgiveness, and includes thought-provoking writing exercises designed to help those who have been betrayed to progress from a place of brokenness to liberating wholeness. As Garrett dives deeply into each lesson, she challenges unhealthy thinking-the kind that often leaves individuals feeling stuck in prisons of pain-and encourages readers to replace those beliefs with positive truths-truths aimed at facilitating personal growth and accelerating the healing process. In addition to instilling principles related to forgiveness, Bouncing Back After Dropping the Ball Workbook/Journal serves as an effective, personal, life-changing guide intended to inspire indivduals to pursue their hopes, dreams, and desires. In the end, all of the hard work and diligence will culminate into one of the most valuable antidotes against the pain of heartbreak and betrayal: SUCCESS!.

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Reviews

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This composed pdf is excellent. It really is basic but excitement in the 50 % in the book. Your lifestyle span will likely be change when you comprehensive looking at this book.

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