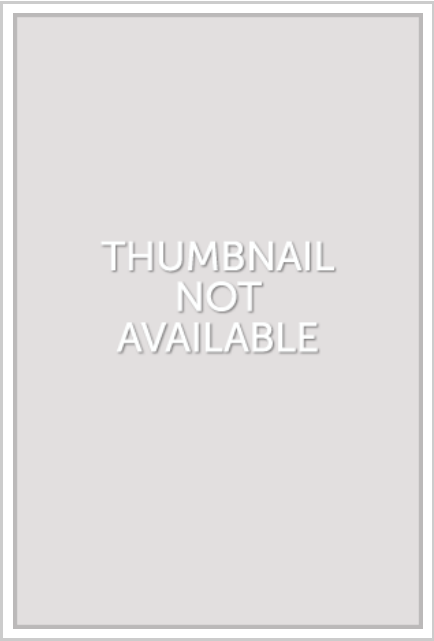


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Clear the Clutter: Make Space for Your Life

By Inge ven der Ploeg, Naomi Perlzweig

Floris Books. Paperback. Book Condition: new. BRAND NEW, Clear the Clutter: Make Space for Your Life, Inge ven der Ploeg, Naomi Perlzweig, - Why do you never have clean clothes when you need them? - Why do you never know where you put something for safekeeping? - And why does your life feel so out of control? Whether you need to know how to organize your laundry, weekly shopping, office computer files or your 10-year backlog of family photographs, this book can help. Full of no-nonsense advice, practical exercises, handy tips and checklists, it can be used to address a specific problem or as an overview for clearing up your life. Sorting out your surroundings has other benefits too: the practical experience of ordering a home or work space leads on naturally to rethinking other aspects of life. Clearing out the clutter really can make space for your life, and offer greater emotional and personal stability.

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