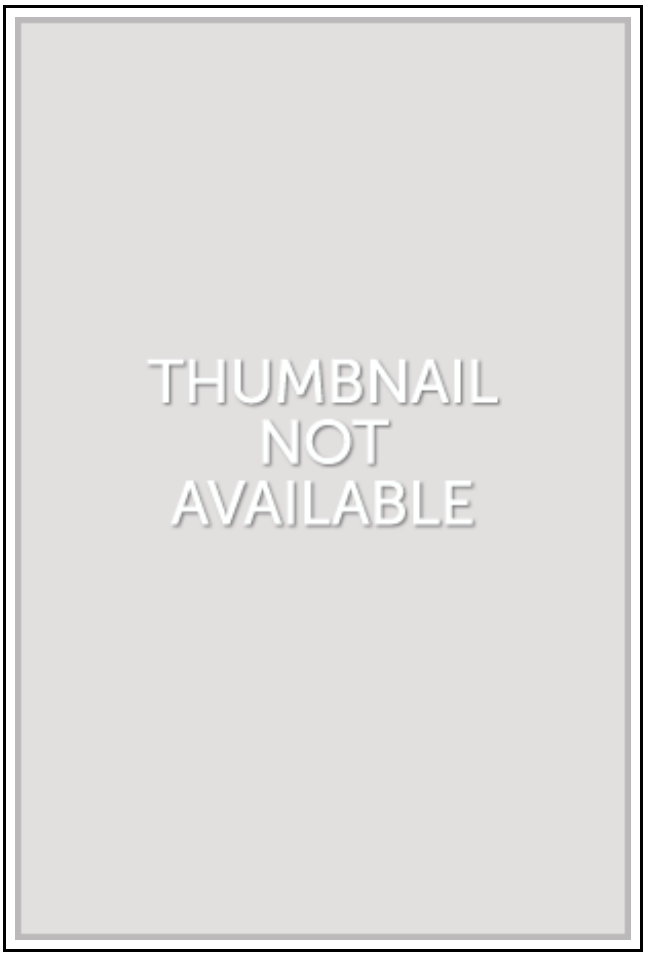
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Reviews

Very useful to any or all group of folks. It really is rally interesting throgh reading through period of time. Once you begin to read the book, it is extremely difficult to leave it before concluding.
(Mrs. Dorris Wintheiser)

THE RELATIONSHIP SKILLS WORKBOOK: A DO-IT-YOURSELF GUIDE TO A THRIVING RELATIONSHIP (PAPERBACK)

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SOUNDS TRUE INC, United States, 2014. Paperback. Book Condition: New. Workbook. 251 x 203 mm. Language: English . Brand New Book. What are the ingredients of a successful and enduring relationship? Love, passion, and commitment are all vital-yet without certain basic skills, even the most devoted partners can find themselves descending into arguments, power struggles, and disillusionment. With The Relationship Skills Workbook, Dr. Julia B. Colwell presents a practical guide for building a conscious partnership based on communication, cooperation, and trust-offering a much-needed guide for helping couples disarm the explosive conflicts that most commonly break apart relationships. While relationships often seem mysterious, Dr. Colwell says, there are a few elegantly simple concepts that can help any couple through the most difficult spots. Here is a friendly and easy-to-use resource of proven tools for getting unstuck from power struggles, ending the blame game, creating win-win agreements, using on-the-spot crisis and conflict first aid, healing and forgiving after clashes, and much more.

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